



**Physician  
Health Program**  
British Columbia

# Physician Health Program

**Tom Rapanakis**

Vice-President, Physician Health

**Felicia Phan**

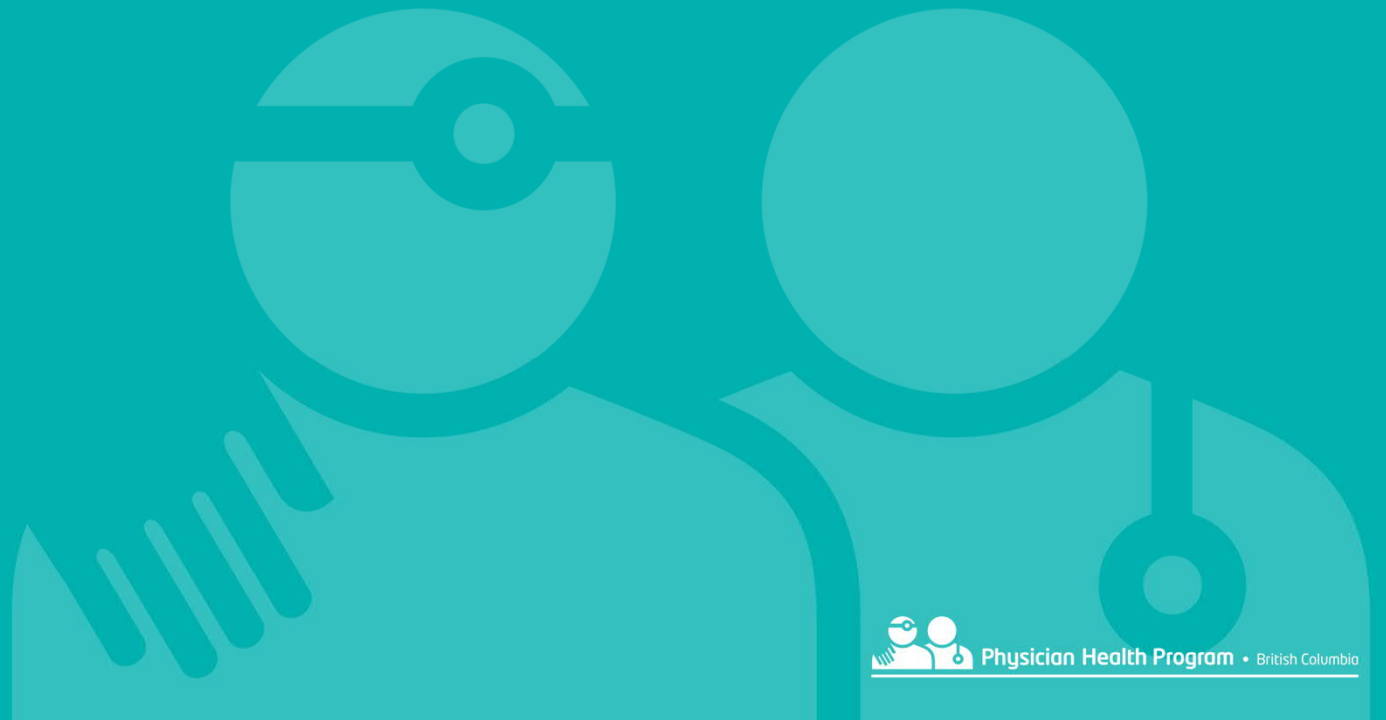
Physician Health and Wellness Liaison



# Webinar Objectives

- Provide a brief overview of PHP services**
- Describe upcoming JCC-PHP collaborative programs supporting physician wellness**
- Respond and listen to questions and feedback from Divisions and MSAs**

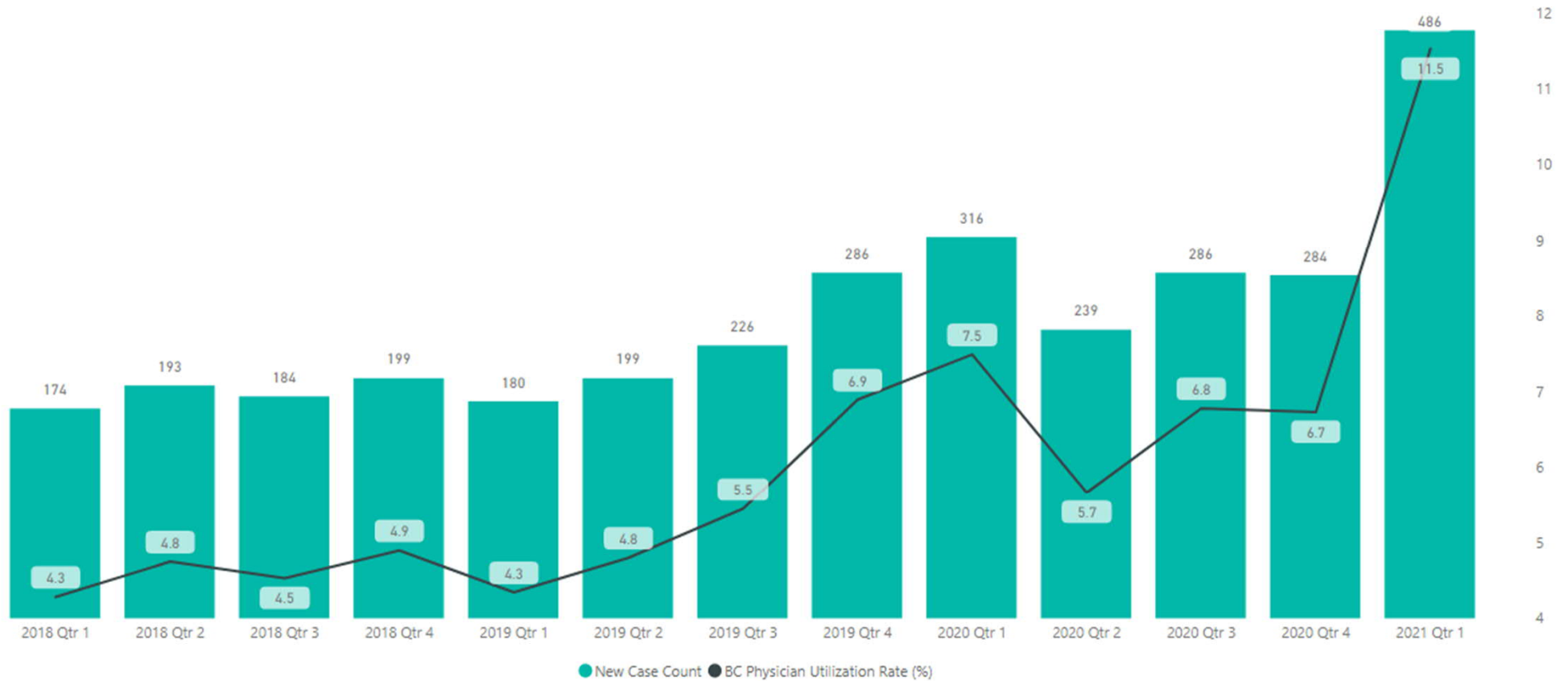
# PHP Service Overview



# How we see our role



# PHP utilization has increased



# PHP case complexity has increased



# Services we provide



**24/7 Helpline**



**Peer Support**



**Advice on approaching  
colleagues**



**Return to work  
facilitation**



**Occupational Health  
Consultations**



**Counselling**



**Community Referrals**

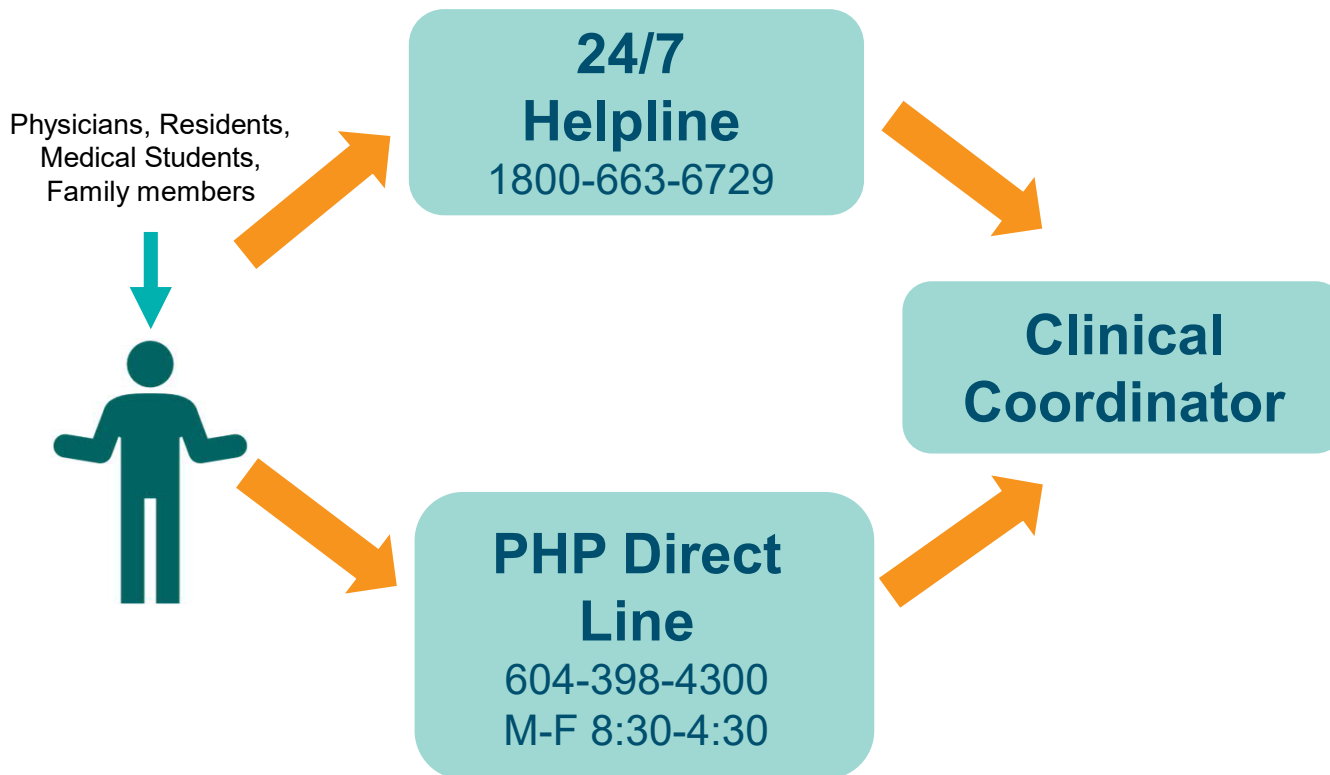


**Family doctor  
connection**



**Outreach**

# What happens when physicians call PHP?





# Clinical Coordinators



Roxanne Joyce  
**Manager, Clinical  
Services**



Jena Mekhlis



Jenna Beaumont



Carol Faris



Gillian Inksetter

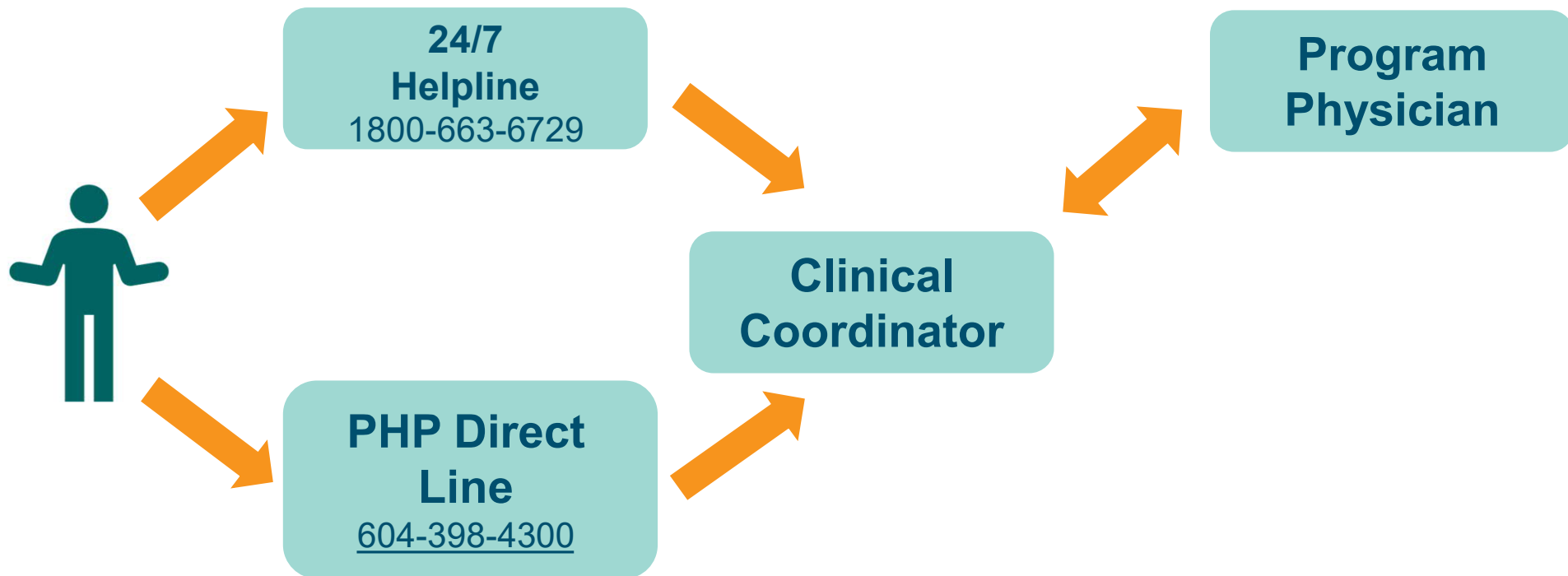


Kristina Auman



Julie Longo

# What happens when physicians call PHP?



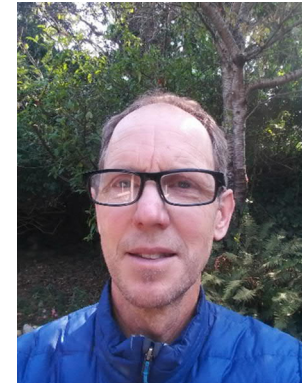
# Program Physicians



**Dr. Maureen Mayhew**



**Dr. Megan O'Keefe**



**Dr. Doug McGhee**



**Dr. Jennifer Russel**

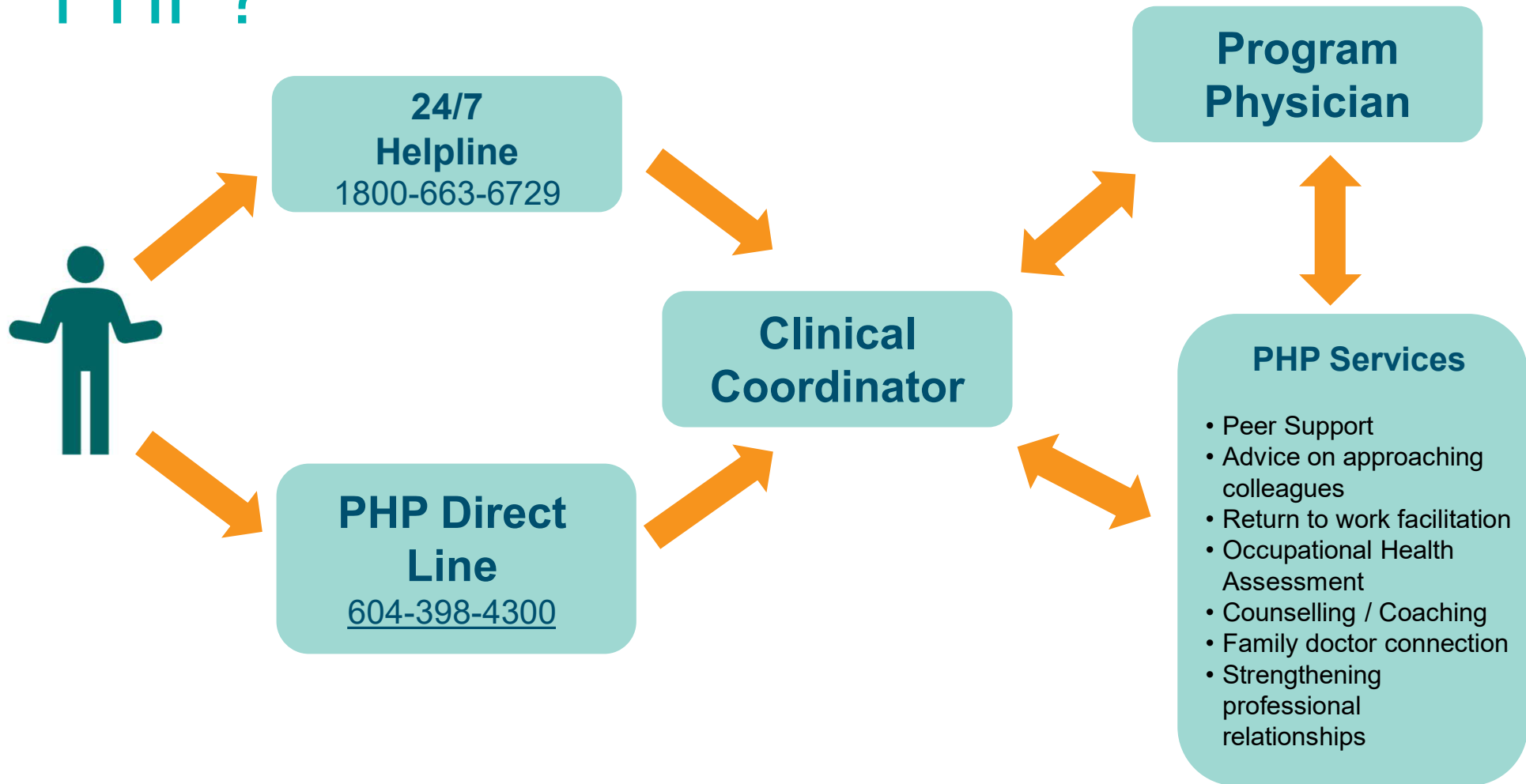


**Dr. Peter Gibson**



**Dr. Kathleen  
McGarvey**

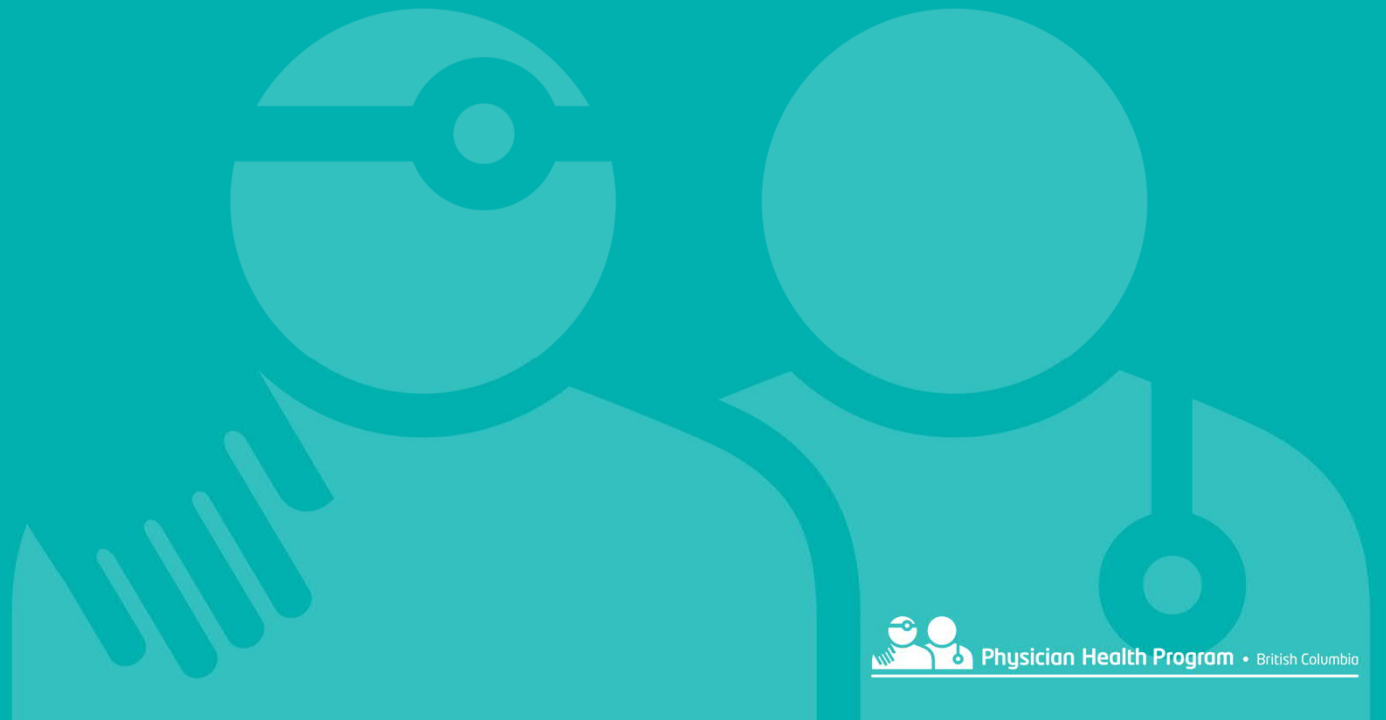
# What happens when physicians call PHP?



# Privacy and Confidentiality

- **Reaching out to PHP is as confidential as talking to your personal family physician.**
- **PHP is NOT an operating arm of CPSBC**
- **Information is only shared when there is consent or as required by law**
- **You may reach out anonymously**

# JCC-PHP Collaborative Programs



# JCC-PHP Collaborative Programs

## CBT Skills Training

- Prototyping beginning Fall 2021
- Expansion of SCC Initiative
- 8 weeks + 2 half-days CBT Skills training for physicians

## Provincial Peer Support Network

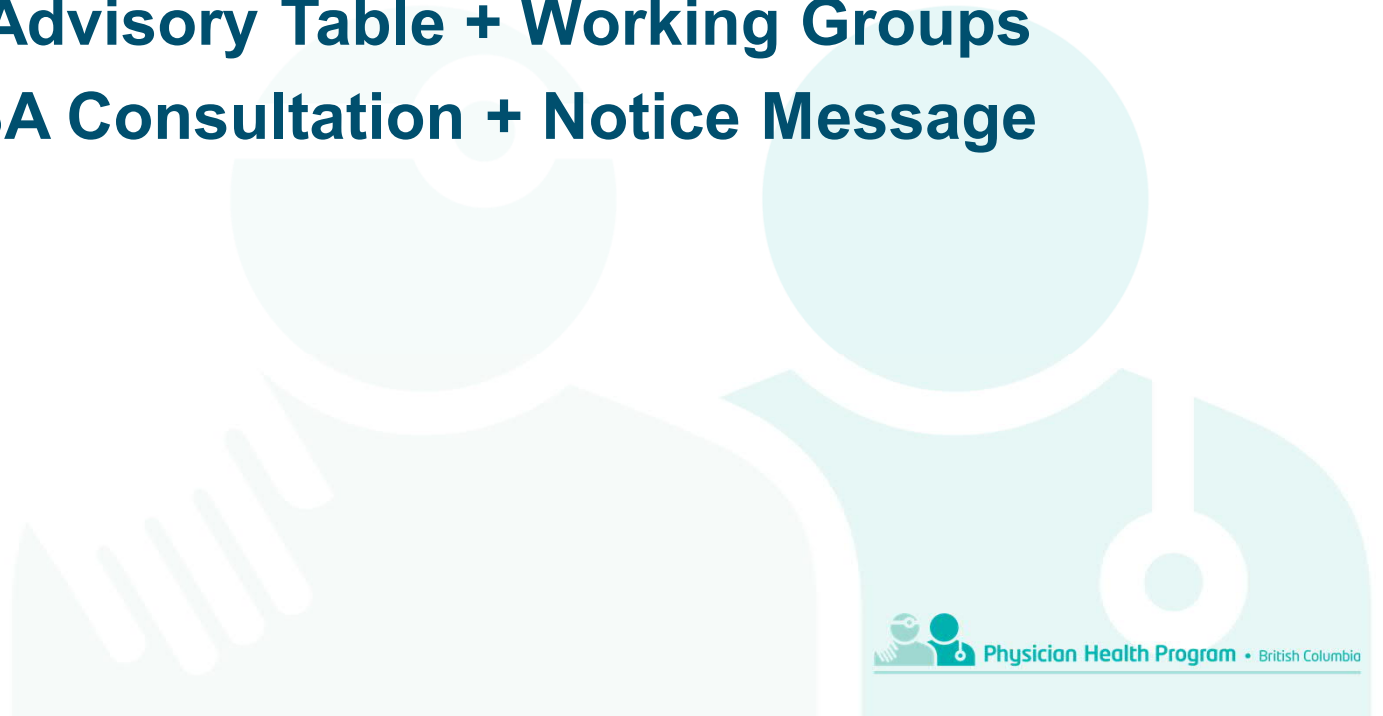
- Prototyping beginning Fall 2021
- Provincial Peer Support Training for 1:1 delivery

## D4D Spread

- Increase capacity to attach physicians to their own personal FP through partnerships with Divisions

# A few next steps...

- **CBT Skills Training Content Development by UBC CPD**
- **Peer Support Environmental Scan**
- **Form JCC-PHP Advisory Table + Working Groups**
- **Division and MSA Consultation + Notice Message**





# Community Consultations

<b>Purpose</b>	<ul style="list-style-type: none"><li>• To inform program development</li><li>• To better understand existing local efforts</li><li>• To identify opportunities for collaboration</li></ul>
<b>Method</b>	<ul style="list-style-type: none"><li>• Online survey</li><li>• Follow up conversations</li></ul>
<b>Due Date</b>	July 22 <sup>nd</sup> , 2021
<b>Survey Link</b>	<a href="https://www.surveymonkey.com/r/RGZ59GN">https://www.surveymonkey.com/r/RGZ59GN</a>

# Community Consultations - CBT

- **Would physicians in your MSA/Division be interested in CBT Skills Training?**
- **In what settings would physicians intend to apply their CBT Skills?**
- **If interested in CBT Skills training for patient delivery, would MSAs/Divisions prefer to administer the program locally or provincially?**

# Community Consultations – Peer Support

- **Does your Division/MSA already deliver a peer support initiative?**
  - Would you be interested in partnering with the JCCs and PHP?
  - How are your peer supporters currently trained?
- **What would be some important demographics or characteristics to inform peer matching preferences?**
- **Would your Division/MSA be interested in incorporating a ‘reach out’ component of the peer program?**

# Community Consultations – Peer Support

## Which peer support delivery model would your MSA/Division prefer?

- **Centralized Delivery** – Peer support training and matching provincially
- **Local Delivery** – PHP trains peer supporters provincially, peer support delivery and matching occurs locally through MSAs/Divisions
- **Hybrid Delivery** – PHP trains peer supporters provincially, peer delivery and matching occurs locally, provincial matching available through PHP

# Questions / Comments

**24/7 Helpline: 1-800-663-6729**

**PHP Direct Line: 604-398-4300**

**Physician Peer Support Group: Email [peersupport@physicianhealth.com](mailto:peersupport@physicianhealth.com)**

**Outreach, Education and Partnerships: [fphan@physicianhealth.com](mailto:fphan@physicianhealth.com)**